

## Bringing **Light** to **Life** Competition



WIN£250 cash prize

Diwali - the festival of lights brings joy into homes and is celebrated by the Jain, Hindu and Sikh communities globally. It is a time of year when families prepare delicious Diwali treats and come together to celebrate with family and friends.

During this time of year, a lot of plastic waste is generated, from milk bottles to packaging of sweet treats and this has a compounding impact on our environment. This year, in November, the UK will host the United Nations Climate Change Conference (COP26) in Glasgow setting targets to reduce emissions and preserve our natural resources.

One key target is how we can all reduce, reuse and recycle what we casually throw away on a daily basis.

The Jain and Hindu Organ Donation Steering Group (JHOD) would like to share the message of recycling at Diwali and showcase that the Diwali plastic waste generated can be reused and recycled into beautiful pieces of art to raise awareness of organ donation as a form of recycling.

Our organs can be 'recycled' and Diwali is a time of giving and **bringing light into our lives**. Let us remind people why donating and having the conversation about organ donation is important. By registering to become an organ donor you have the option to donate organs and tissue such as:























**Kidneys** 

Liver

Heart

Lunas

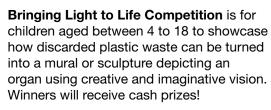
**Pancreas** 

**Arteries** 

Intestines

Skin

**Bone Marrow** 



Your mural or sculpture must show an organ that can be donated accompanied with a statement that includes:

- 1. What inspired you to choose this organ.
- 2. Why organ donation is important and how we can encourage people act on the importance of organ donation.
- **3.** What recycled material you have used to create your mural or sculpture.
- Why reducing, reusing and recycling plastic is important to our environment.

The submitted entry can be an image or short video of your mural or sculpture. You can enter as a class, school, team or individually, using recycled plastic as the main material.

So, get creative and think how during Diwali we can spread the message of organ donation and create conversations about the importance of this gift of life to our family and friends.

## **How to enter**

To enter the competition, download and fill out the competition details on at <a href="mailto:jhod.org.uk/competition">jhod.org.uk/competition</a>
The competition is aimed at three age groups:

4 – 7 years, 8 – 11 years and 12 – 18-year-olds. To be selected please follow the steps below:

- Fill out your details on the entry form. If you do not do this, your entry may not be counted!
- In the space provided, include your shared statement that accompanies your mural or sculpture.
- Submit a clear photograph or video of your sculpture or mural and don't forget to include a 100-word statement.
- For runner-up and winning entries prizes include:
  - For each category one runner-up entry will received £50 Amazon vouchers
  - For each category one winning entry will receive £100 Amazon vouchers
- One overall winner will receive £250 Amazon vouchers
- Winners will be chosen by an eminent panel of judges and announced week commencing 22nd November 2021.

Closing date for this competition is Friday 19th November 2021

