



Bringing **Light** to **Life** Competition

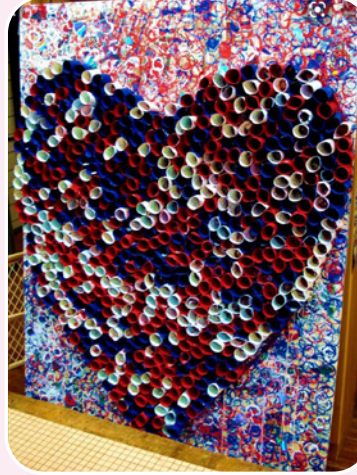


WIN £250 voucher prize

Diwali - the festival of lights brings joy into homes and is celebrated by the Jain, Hindu and Sikh communities globally. It is a time of year when families prepare delicious Diwali treats and come together to celebrate with family and friends.

During this time of year, a lot of plastic waste is generated, from milk bottles to packaging of sweet treats and this has a compounding impact on our environment. The Jain and Hindu Organ Donation Steering Group (JHOD) would like to share the message of recycling at Diwali and showcase that the Diwali plastic waste generated can be reused and recycled into beautiful pieces of art to raise awareness of organ donation as a form of recycling.

Our organs can be 'recycled' and Diwali is a time of giving and **bringing light into our lives**. Let us remind people why donating and having the conversation about organ donation is important. By registering to become an organ donor you have the option to donate organs and tissue such as:



Kidneys



Liver



Heart



Lungs



Pancreas



Arteries



Intestines



Skin



Bone Marrow



Bringing Light to Life Competition is open to children, young people and families - get creative and showcase how discarded plastic waste can be turned into a beautiful piece of art depicting an organ using creative and imaginative vision.

Your entry must show an organ that can be donated accompanied with a statement that includes:

1. What inspired you to choose this organ.
2. Why organ donation is important and how we can encourage people act on the importance of organ donation.
3. What recycled material you have used to create your mural or sculpture.
4. Why reducing, reusing and recycling plastic is important to our environment.

The submitted entry can be an image or short video of your mural, sculpture or rangoli. You can enter as a class, school, team or individually, using recycled plastic as the main material.

So, get creative and think how during Diwali we can spread the message of organ donation and create conversations about the importance of this gift of life to our family and friends.

How to enter

To enter the competition, download and fill out the competition details on at jhod.org.uk/competition

The competition is aimed at four age groups:

5 - 11 years, 12 - 18 years, 18 plus and family entry.

To be selected please follow the steps below:

- Fill out your details on the entry form. If you do not do this, your entry may not be counted!
- In the space provided, include your shared statement that accompanies your mural or sculpture.
- Submit a clear photograph or video of your sculpture or mural and don't forget to include a 100-word statement.
- There are two prizes for each group:
 - First prize **£100 Amazon voucher**
 - Second prize **£50 Amazon voucher**
- One overall winner will receive **£250 Amazon vouchers**
- Prizes to be announced at a JHOD Diwali event on 5th or 6th November - all entries will be notified nearer the time.
- All winning entries to be exhibited at the Diwali event.

**Closing date for this competition is
Friday 14th October 2022**